ESC Guidelines Development Process

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A few ESC landmarks



- Founded 1950 by 14 NCS (Belgium, Denmark, Finland, France, Greece, Italy,

 The Netherlands, Norway, Portugal, Spain, Sweden, Switzerland, United Kingdom and Yugoslavia).

 Now has **57** member countries.
- First General Assembly 1950
- European Heart House built 1993 in Sophia-Antipolis, near Nice, France
- Brussels office opened in 2013



ESC Committee for Practice Guidelines (CPG)



- The first ESC Guidelines were published in Eur Heart J 1994 (CVD Prevention Guidelines)
- The CPG was created in 1994 by the ESC in order to oversee the process of guidelines development and their publication. The first EHH dedicated staff was hired in 2001.
- The CPG has the responsibility of selecting the topics for the documents in a timely manner as well as putting into place the Task Forces and Review Teams developing them.
- The CPG is responsible for the administrative supervision and coordination of all ESC Guidelines Task Forces (TF) following the development process and within the allocated budget.

ESC Guidelines = Evidence + expertise for clinicians

- Evidence-based recommendations developed by Task Forces of leading **European experts**
- Help physicians weigh benefits & risks of particular diagnostic & therapeutic procedures
- Formats include: full texts, pocket guidelines, slide-sets, books, mobile application...

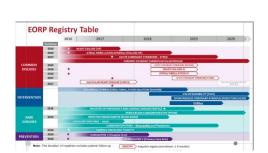


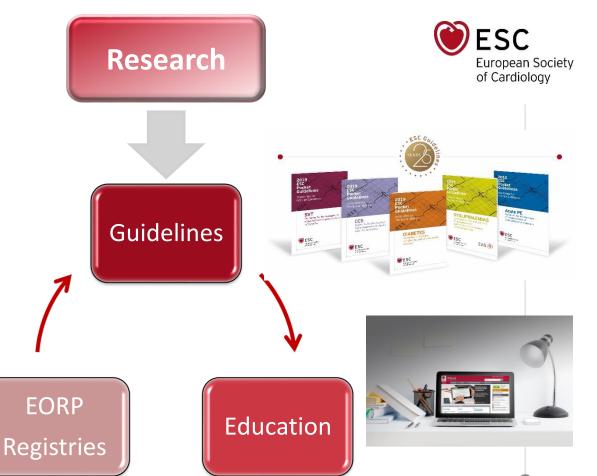




The virtuous circle at the ESC







ESC Guidelines Production: 3 phases



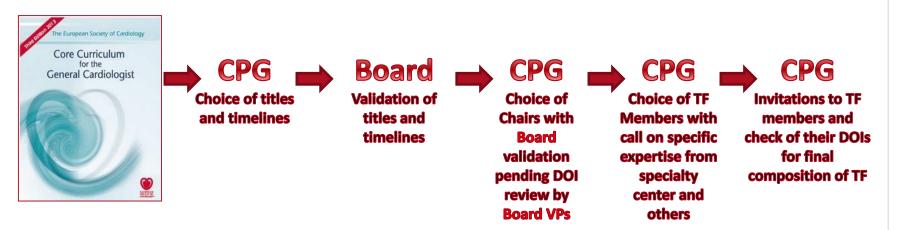


Details available on the ESC Web Site at:

http://www.escardio.org/guidelines-surveys/esc-guidelines/about/Pages/rules-writing.aspx

Goals & Team Definitions (3 months)





Document Elaboration (12-15 months)



Kick-off meeting

Laying out of writing rules + table of contents + assignments + timelines + document search (literature + systematic reviews)

⇒ TF

writing phase

2-3 face to face meetings and Task Force review phases (2-3)

CPG

Choice of Review Coordinators with Board validation pending DOI review by Board VPs

→ CI

Choice of
Peer
Reviewers
with call on
specific
expertise
from
specialty
center and
others

External

peer

review

2-3 rounds of peer review are necessary to obtain a final document

Publication Phase (3 months)



CPG + TF pub. **Endorsement** i approval phase

Publication approval from all TF and CPG Members (as well as partner associations in the case of joint guidelines)

phase

in specific cases

Systematic submission to EHJ via a fast track process + to specialty and partner society journals when appropriate

Publication

EHJ

+ in specialty and partner society iournals when appropriate

Devip of derivative products

CME questions **Pocket Guidelines Guidelines App** Slide-sets **Essential messages Summary cards ...**

Guidelines for Guidelines Writing





Governing Policies and Procedures for the Writing of ESC Clinical Practice Guidelines

®ESC 3aple=6ar 2017

https://www.escardio.org/static_file/Escardio/Guidelines/About/Recommendations-Guidelines-Production.pdf

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7. ESC Department for Practice Guidelines
1. General overview
The European Society of Cardiology (ESC) distributes the most up to date evidence-based and on
prevention and treatment of cardiovascular diseases to physicians. Known as ESC Clinica Practis Guidelines,
these documents present relevant information on a wide range of cardiovascular conditions in order to help
physicians weigh the benefits and risks of particular diagnostic or therapeutic procedurs. Guidenes provide
the best possible advice to practicing physicians, clarify contemporary areas of consensus and disagreement,
improve standards in clinical practice, and help everyday clinical decision-making. Through its Committee for
Practice Guidelines (CPG), the ESC brings together groups of experts from as Europe and beyond to create
the content of Guidelines according to a formal process defined in the document of Access to the Full Text
version of ESC Guidelines is free and they are also available in and they are also available in and online
formats as well as a wide range of educational products derived from a m in implementation of the ESC
mission statement and strategic plan.
2. General
2.1 Purpose: This document formalises the cove pance, seess and procedures for all activities associated
with selecting the topics, writing an seviewing, up ating, maintaining, and approving the ESC's Clinical
Practice Guidelines.
2.2 Scope: This document covers:
. The composition, and functioning of the Committee for Practice Guidelines (CPG), the appointment of its

ESC Classification of Recommendations – COR

Definition

Classification of Recommendations for Procedures and Treatments:



		Definition	Troi aing to use	
Classes of Recommendations	Class I	Evidence and/or general agreement that a given treatment or procedure is beneficial, useful, effective.	Is recommended or is indicated	
	Class II	Conflicting evidence and/or a divergence of opinion about the usefulness/ efficacy of the given treatment or procedure.		
	Class IIa	Weight of evidence/opinion is in favour of usefulness/efficacy.	Should be considered	
	Class IIb	Usefulness/efficacy is less well established by evidence/opinion.	May be considered	
	Class III	Evidence or general agreement that the given treatment or procedure is not useful/effective, and in some cases may be harmful.	Is not recommended	

Wording to use

ESC Level of Evidence - LOE



Data derived from multiple randomized clinical trials Level of evidence A or meta-analyses. Level of Data derived from a single randomized clinical trial evidence B or large non-randomized studies. Level of Consensus of opinion of the experts and/or small studies, evidence C retrospective studies, registries.

ESC









European Society of Cardiology



12-lead ECG recording and interpretation is indicated as soon as possible at the

SLIDE-SETS

SUMMARY CARDS

POCKET GUIDELINES

WEB SITE

ESC CARDIOLOGY CLINICAL PRACTICE GUIDELINES& DERIVATIVE PRODUCTS AVAILABLE



PATIENT CARDS



VIDEO TESTIMONIALS

Initial diagnosis

Living with a heart condition

In the light of the launch of five new ESC Clinical Practice Guidelines at ESC Congress 2019, members of the Patient Forum share their experiences of living with chronic coronary syndrome, SVT and pre-diabetes.





Jim Ainslie - Chronic Coronary Syndrome

Paul McGreavy - Condition: Pre-diabetes & Chronic Coronary Syndrome

ESSENTIAL MESSAGES



www.escardio.org/guidelines

ESC Guidelines available on professional & social networks



